

DIY Creamy Honey Face Wash

Ingredients:

- 3 tbsp. distilled or filtered water
- ⅓ cup liquid castile soap*
- ⅓ cup pure honey
- 2 tbsp. jojoba or sweet almond oil**
- a few drops of essential oil (optional) ***

Instructions:

1. First add the water to a soap dispenser (this will prevent bubbles), then the liquid castile soap, honey, oil and essential oils.
2. Shake the ingredients together until the honey is fully dissolved (a more liquid honey works best).
3. Before each use give the soap dispenser a little shake.

Tip: If you have very dry skin, add another tbsp. of oil.

**I like Dr. Bronner's Baby unscented best, but the Tea Tree or Lavender will also work as well as other brands.*

*** Try other skin nourishing oils like apricot, argan, avocado, or olive.*

**** Use essential oils that are good for and safe on the skin like lavender, geranium, frankincense, and vanilla for example. Start with 4-6 drops. **Don't overdue it**, the face is a sensitive area.*