

DIY Lip Balm

Ingredients:

- 1 tbsp. organic beeswax pellets or ½ tbsp. candelilla wax
- 1 tbsp. shea butter or coco butter
- 3 tbsp. coconut oil
- 1 tbsp. sweet almond, jojoba, or olive oil
- 5 drops pure vitamin E oil
- 20+ drops pure essential oil

Instructions:

1. Melt the beeswax and the butters (shea or coco) together in a double boiler. (I use a heat-safe measuring cup in a saucepan filled about ¼ of the way with water).
2. Turn off the heat and add the oils (not essential oils) and stir well for about 30 seconds to make sure the coconut oil melts and all the ingredients are well incorporated.
3. Now add the essential oil or oils of your choice and mix again.
4. Get 10-12 lip balm dispensers and bind them together with a rubber band to fill them more easily.
5. Once filled, leave them to cool and hardened.
6. Cap and label.

Tips: Try these oil combinations - lavender and vanilla, lavender and orange, peppermint and tea tree, geranium and vanilla or ylang ylang. Be creative!